

Feldenkrais® and Tango

...An Act of Balancing



Five movement lessons
Five mornings
Free!

Find out what the Argentinians have discovered!

We'll explore . . .

Easy balance while turning and twisting

Standing tall and balanced on the weighted foot

Efficient connection and movement from feet to chest

Monday - Friday

July 28th - August 1st

8:30 - 9:30 am

The 31st Feldenkrais Method® Annual Conference

CU Campus - University Memorial Center

Boulder, CO

Plus . . . these two workshops!

Take a Tango Break

Presenter: Jean Fung

Date: Wednesday, July 30, 2008

10am-12:30pm

Cost: \$55

The Feldenkrais Method® & Dance:

Length for Free Expression

Presenter: Prisca Winslow Bradley

Date: Thursday, July 31, 2008

10am-5pm

Cost: \$95

To register call

866-930-6875

Go online to see entire

Feldenkrais®

*Conference for the Public
and to register*

www.feldenkrais.com



F e l d e n k r a i s
M e t h o d®